

SAMMY SPARTAN, RN, BSN

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Registered Nurse with 10 years of experience in women's medical surg., cardiac telemetry, and case management.
Family Nurse Practitioner, MSN student graduating May 2026, with 900+ hours of graduate clinical education.
400+ hours specializing in Internal Medicine. Bilingual: English / Spanish.

EDUCATION

Master of Science in Nursing, Family Nurse Practitioner

The University of Tampa

May 2025

Tampa, FL

If you're involved in anything within your program, add it here.

Bachelor of Science in Nursing

University of South Florida

May 2016

Tampa, FL

Associates Degree in Nursing

Pasco Hernando Community College

May 2014

New Port Richey, FL

CERTIFICATIONS

Registered Nurse, Florida Board of Nursing

Current

ACLS- *Advanced Cardiac Life Support*, American Heart Association

Current

BLS- *Basic Life Support*, American Heart Association

Current

FNP GRADUATE CLINICAL EXPERIENCE

Internal Medicine, Integrative, and Preventative Care

Access Health Care, Jen Laman, DO.

248 hours

- Add anything that is specific to you. Any unique cases, patient populations, procedures? Can you quantify anything? (#s help tell your story!)
- Well adult exams, physicals, immunizations, HTN, DM, hypothyroid, hyperlipidemia, CAD, asthma, COPD, CHF, RA, sinusitis, bacterial/viral URI, chronic fatigue, back pain, depression, anxiety, OA, influenza, pneumonia, bronchitis, anemia, acne vulgaris, actinic keratosis, seborrheic keratosis, basal cell carcinoma, squamous cell carcinoma, shave biopsy, lesion removal/biopsy, Botox, rash, abscess I/D, weight loss, trigger point injections, corticosteroid/ synvisc injection.

St. Anthony's Primary Care, Ali Saberi, MD.

184 hours

- Be specific to your individual experience. # of patients, type of treatment, procedures? Do this for each clinical experience below. Use the job description as a guide of what to showcase.
- Well adult exams, immunizations, HTN, DM, autoimmune disorders, hypothyroid, hyperlipidemia, CAD, asthma, COPD, bronchitis, CHF, OA, sinusitis, bacterial/viral URI, chronic fatigue, back pain, OA, influenza, pneumonia, anemia, hip pain, Kinesiology tape therapy, syncope, smoking cessation, depression, anxiety, peripheral neuropathy, dementia, nocturia, stress incontinence, shoulder pain.

Women's Health, Pediatrics, and Specialty

Orthopedic Specialist, Orthopedic Surgeon, Scott Brotherton, MD.

40 hours

- Lumbar strain, knee pain, knee arthritis, ACL tear, meniscus tear, rotator cuff tear and repair, arthritis, fractures, elbow pain, total joint replacements, tendonitis, hip fracture, hip pain, Joint injections/ aspirations, trigger point injections, plantar fasciitis, MVA accident injuries, bursitis

Obstetrics and Gynecology, Dr. Stephen Igel, Robyn Reese, CNM, ARNP

184 hours

- Well women exams, screening guidelines, pelvic/bi manual exams, rectal exams, STD testing/education, vaginal atrophy, candidiasis, vaginitis, cancer, endometriosis, menopause, urinary incontinence, birth control pills/injections/IUD, PMS, prenatal visits, OB screenings, pregnancy counseling.

North Pinellas Children's Medical Center, Efstratios Pantages, MD

224 hours

- Well child exams, physicals, age appropriate milestones, immunizations, anticipatory guidelines, URI, asthma, allergic rhinitis, bronchitis, croup, pharyngitis, step/ mycoplasma pharyngitis, impetigo, eczema, diaper rash, dermatitis, viral/bacterial gastroenteritis, constipation, candida, abscess, EOA, AOM, sports injuries, ADHD, UTI, pneumonia, conjunctivitis, rash.

Do Sleep Solutions Inc., Michelle Zetoony, DO

63 hours

- Obstructive sleep apnea, Central sleep apnea, insomnia, hypersomnia, nightmares, periodic limb movements of sleep, restless leg syndrome, snoring, REM behavioral disorder, bruxism, medical clearance for anesthesia, asthma, COPD, restrictive airway disease, bronchitis, emphysema,

NURSING EXPERIENCE

St. Anthony's Hospital, St. Petersburg, FL

June 2021 – Present

Care Transition Coordinator

- Add things that are specific to you. Any unique cases, patient populations, # of beds? Can you quantify anything? (#s help tell your story!) Did you serve on any committees? Awards?
- Transition patients from acute care to home care. Assessment of patient needs. Collaborate and communicate with other healthcare professionals to establish care.

Morton Plant Hospital, Clearwater, FL

July 2020 – June 2021

RN/ Women's Medical Surgical Unit

- Managed five to six patients in a post-surgical setting with medically complex disease processes. Consistently seek and utilize evidence-based practices. Collaborate with medical staff to develop appropriate plan of care. Demonstrated effective communications with patients and staff.

Children's Medical Services, Pinellas Park, FL

October 2018 – June 2020

RN/ Case Manager

- Develop specific care plans and coordinated all aspects of medical care with the family and physicians. Provided counseling, emotional support, encouraged patient/parent involvement and educated patients and families in relation to the diagnosis and treatment.

Medical Center of Trinity, Trinity, FL

July 2015 – August 2018

RN / Cardiac Telemetry and Medical Surgical Unit

- Consulted and coordinated with healthcare team members to assess, plan, implement, and/or evaluate patient care plans per evidence based practice and protocols.
- Anticipated patient needs and modified patient treatment plans as indicated by patients' responses and conditions.
- Instructed individuals, families, or other groups on topics such as health education and disease prevention, while developing health improvement programs.

AFFILIATIONS

- Tampa Bay Advanced Practice Nurse Counsel
- American Association of Nurse Practitioners

COMMUNITY/ VOLUNTEER EXPERIENCE

National Academy of Dermatology Nurse Practitioners Conference, Clearwater, FL

May 2024

- Assisted dermatology ARNP and staff with conference set up and dissemination of pamphlets and information.

Diabetes Education Clinic, Tampa, FL

June 2023

- Diabetes screening, educational clinic and activities

COMPUTER/ SOFTWARE SKILLS: Cerner, Meditech, E-clinical works, Medatrax, Microsoft Word, Excel, and PowerPoint

EXPLORE

EXPERIENCE

ACHIEVE